



Sensei Elwyn Hall 5th Dan

Former World Team Kumite Champion

Former English Ind Kumite Champion Former European Team Kumite Champion

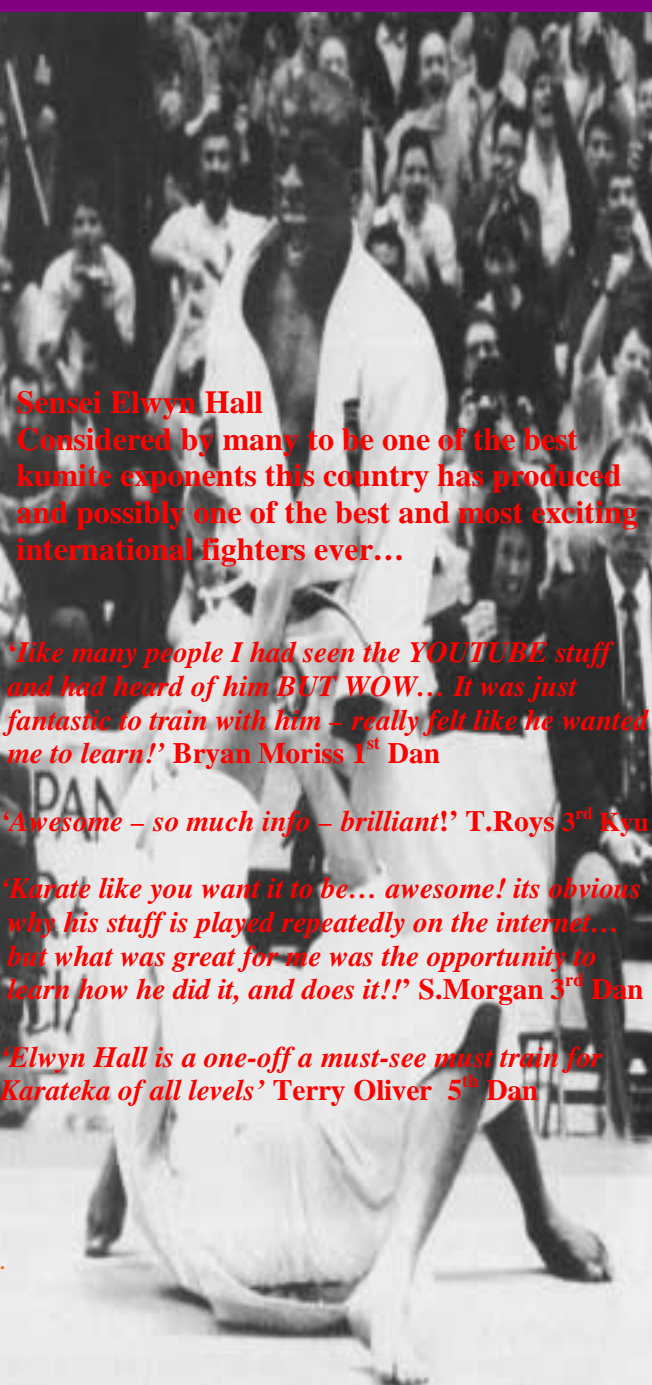
Considered by many to be one of the best kumite exponents this country has produced and possibly one of the best and most exciting international fighters ever....

One day Open Kumite Course Sat 17th April 2010

Crystal Palace National Sports Centre

Ronnie Christopher Masoe Kagawa George Best Frank Brennan Elwyn Hall Imamura Allata Ian Roberts Svenson...

An Extraordinary Generation Of World Class International Fighters Who Continue To Inspire Karateka All over The World...



Crystal Palace
National Sports Centre
SE19 2BB

Session 1: 1pm – 2.30 pm

Session 2 : 2.45pm - 4.15pm

Cost: £25 (Group discounts available)

Confirmation process: email or phone

Seminar places are limited please confirm by April 9th please call 07961 096 517

or email Teresa the seminar coordinator info@auberginemedia.com



Sensei Elwyn Hall 5th Dan

Former World Team Kumite Champion(JKA)

Former English Ind Kumite Champion(KUGB)

Former 2 x English National Ind kumite silver medallist(KUGB)

Former World Ind kumite last 8 (disqualified)(JKA)

Former European Team Kumite Champion (ESKA)

Former European Team Kumite silver medallist (ESKA)

Former English Ind All Styles Champion (EKGB)

Former English Ind All Styles Team Champion (EKGB)

Former European Ind kumite Bronze medallist Jnr (ESKA)

Southern Area Champion (KUGB)

Plus numerous domestic titles

England team member (KUGB)

Ex KUGB

Course Contents:

Session 1: Kihon and transition to kumite .
Novice, intermediate and advanced kumite drills. Gateway to reaction development

Session 2: Kumite and Circle dynamics

Tai- sabaki .Sweeps and takedowns

reaction development and speed development

Strike and power development

using strike development equipment

specifically designed for the karateka.



Sensei Elwyn Hall

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'Like many people I had seen the YOUTUBE stuff and had heard of him BUT WOW... It was just fantastic to train with him – really felt like he wanted me to learn!' Bryan Moriss 1st Dan

'Awesome – so much info – brilliant!' T.Roys 3rd Kyu

'Karate like you want it to be... awesome! its obvious why his stuff is played repeatedly on the internet... but what was great for me was the opportunity to learn how he did it, and does it!' S.Morgan 3rd Dan

'Elwyn Hall is a one-off a must-see must train for Karateka of all levels' Terry Oliver 5th Dan